

The HolistiCentre

For Natural Health and Well Being



The HolistiCentre is your on-site holistic service provider, based in the converted stable block on Broome Park Estate. We provide a wide range of services, all offered by local practitioners in a beautifully calm and peaceful atmosphere. This could be anything from Yoga or Pilates Classes to Mindfulness or Sound Workshops to Massage or Healing Treatments. In this brochure you will find a list of practitioners offering treatments at The HolistiCentre, including a brief summary of the services they offer and the contact details you need to make a booking with them.

You can find a full list of all the services our practitioners offer [on our website](#) or by looking at our Practitioner Directory in Broome Park's mansion reception area.

All sessions are by appointment only. If you find something you like, please make sure to book as far in advance as possible to make sure we can fit you in. Bookings should be made using your practitioner's contact details.

As well as bookable treatments, there are several events happening at The HolistiCentre every month. Keep up to date with what's going on by [visiting our website](#), liking [our Facebook page](#) or [signing up to our newsletter](#).



Practitioners at The HolistiCentre

Caroline Armstrong

Mindfulness

Contact: 07462 198107
mindzone14@gmail.com



Anika Fit

Pilates, Physiotherapy

Contact: 07484 780328
anikafit@yahoo.co.uk



Caroline Griffin

Sports Massage

Contact: 07539 534385
sarah@yogahealthandwellness.co.uk



Naomy Browton

Sound Therapy

Contact: 01227 741802
naomy7@hotmail.co.uk



Haya Kalechman

Women's Therapies

Contact: 07466 336195
hayasoleil@gmail.com



Sarah Grattan

Yoga, Reiki

Contact: 07539 534385
sarah@yogahealthandwellness.co.uk



Sarah Vaughan

Reflexology

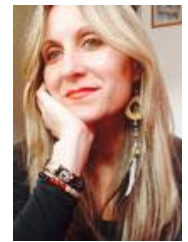
Contact: 01304 841096
naturalreflexionstherapies@gmail.com



Ana Fiuza

Yoga, Reiki, Healing

Contact: 07562 796900
anafuza441@outlook.com



Frances Robertson-Ritchie

Hypnotherapy

Contact: 07828 456333
francesperry@gmail.com



Ezgi Acar

Yoga

Contact: 07776 714006
yogawithez@gmail.com



Bruce Aitken

Craniosacral Therapy

Contact: 07740 072877
bruce.aitken@hotmail.co.uk



Lucy Moorhead

Yoga, Shiatsu, Massage

Contact: 07780 936495
lucymoorhead@hotmail.co.uk



Angela Oakes

Yoga, Therapies

Contact: 07970 908850
angela@holistictherapyworks.com



Hazel Grove

Shamanic Therapies

Contact: 07884 230541
hazelshealinggrove@gmail.com



Henna By Elena

Henna Body Art

Contact: 07889 222629
ehristova.n.art@gmail.com



Gemma Richmond

Hydrotherm Massage

Contact: 07429 257709
grichmond92@gmail.com



Lily Fuchey

Craniosacral Therapy

Contact: 07877 830874
lilyfuchey@gmail.com



Sarah Yarwood

Doula, Massage

Contact: 07762 441769
sarahyarwoodmassage@gmail.com



Hannah Blacker

Hypnotherapy

Contact: 07786 225410
hannah@hannahblackertherapy.co.uk



This list is just a brief summary of what our practitioners offer. Find out much more about their different treatments, including pricing, on our website: www.theholisticcentre.uk

